

## Medical Examination Form – Seafarers

**NOTE:** the 'Certificate of Medical Fitness-Seafarers' must be sent to Maritime New Zealand.

**This form is completed by the doctor. You DO NOT need to send this form to MNZ.**

Please indicate whether this examination is for an STCW or a national certificate of competency or proficiency:

Tick the STCW box if the seafarer will be working in international waters or on a SOLAS ship. STCW medicals must be completed by a medical practitioner approved by Maritime New Zealand.

Tick the National box if the seafarer will be working in New Zealand waters only.

**STCW**  (issued in accordance with STCW regulation I/9 by an approved medical practitioner) **National**

### Section 1: Seafarer declaration

Surname: \_\_\_\_\_ First name(s): \_\_\_\_\_

Date of birth: \_\_\_\_\_ Gender:  Male  Female  
 (day/month/year): \_\_\_\_\_

Home address: \_\_\_\_\_

Identity document type: \_\_\_\_\_ No.: \_\_\_\_\_

Type of ship (eg container, tanker, passenger, fishing): \_\_\_\_\_

Trade area (eg inshore, coastal, unlimited): \_\_\_\_\_

### Examinee's personal declaration

*(Assistance should be offered by medical staff)*

Condition	Yes	No	Condition	Yes	No
1. Eye/vision problem	<input type="radio"/>	<input type="radio"/>	18. Sleep problems	<input type="radio"/>	<input type="radio"/>
2. High blood pressure	<input type="radio"/>	<input type="radio"/>	19. Smoker	<input type="radio"/>	<input type="radio"/>
3. Heart/vascular disease	<input type="radio"/>	<input type="radio"/>	20. Operation/surgery	<input type="radio"/>	<input type="radio"/>
4. Heart surgery	<input type="radio"/>	<input type="radio"/>	21. Epilepsy/seizures	<input type="radio"/>	<input type="radio"/>
5. Varicose veins	<input type="radio"/>	<input type="radio"/>	22. Dizziness/fainting	<input type="radio"/>	<input type="radio"/>
6. Asthma/bronchitis	<input type="radio"/>	<input type="radio"/>	23. Loss of consciousness	<input type="radio"/>	<input type="radio"/>
7. Blood disorder	<input type="radio"/>	<input type="radio"/>	24. Psychiatric problems	<input type="radio"/>	<input type="radio"/>
8. Diabetes	<input type="radio"/>	<input type="radio"/>	25. Depression	<input type="radio"/>	<input type="radio"/>
9. Thyroid problem	<input type="radio"/>	<input type="radio"/>	26. Attempted suicide	<input type="radio"/>	<input type="radio"/>
10. Digestive disorder	<input type="radio"/>	<input type="radio"/>	27. Loss of memory	<input type="radio"/>	<input type="radio"/>
11. Kidney problem	<input type="radio"/>	<input type="radio"/>	28. Balance problem	<input type="radio"/>	<input type="radio"/>
12. Skin problem	<input type="radio"/>	<input type="radio"/>	29. Severe headaches	<input type="radio"/>	<input type="radio"/>
13. Allergies	<input type="radio"/>	<input type="radio"/>	30. Ear/nose/throat problems	<input type="radio"/>	<input type="radio"/>
14. Infectious/contagious diseases	<input type="radio"/>	<input type="radio"/>	31. Restricted mobility	<input type="radio"/>	<input type="radio"/>
15. Hernia	<input type="radio"/>	<input type="radio"/>	32. Back problems	<input type="radio"/>	<input type="radio"/>
16. Genital disorders	<input type="radio"/>	<input type="radio"/>	33. Amputation	<input type="radio"/>	<input type="radio"/>
17. Pregnancy	<input type="radio"/>	<input type="radio"/>	34. Fractures/dislocations	<input type="radio"/>	<input type="radio"/>

If any of the personal declaration questions were answered “yes”, please give details below:

**Additional questions**

- |   | <b>Yes</b>            | <b>No</b>             |
|---|-----------------------|-----------------------|
| 35. Have you ever been signed off as sick or repatriated from a ship?                         | <input type="radio"/> | <input type="radio"/> |
| 36. Have you ever been hospitalised?  | <input type="radio"/> | <input type="radio"/> |
| 37. Have you ever been declared unfit for sea duty?   | <input type="radio"/> | <input type="radio"/> |
| 38. Has your medical certificate ever been restricted or revoked?                             | <input type="radio"/> | <input type="radio"/> |
| 39. Are you aware of having any medical problems, diseases or illness?                        | <input type="radio"/> | <input type="radio"/> |
| 40. Do you feel healthy and fit to perform the duties of your designated position/occupation? | <input type="radio"/> | <input type="radio"/> |
| 41. Are you aware of being allergic to any medications?                                       | <input type="radio"/> | <input type="radio"/> |

Comments:

- |  | <b>Yes</b>            | <b>No</b>             |
|--|-----------------------|-----------------------|
| 42. Are you taking any prescription or non-prescription medications? | <input type="radio"/> | <input type="radio"/> |

If yes, please list the medications taken and the purpose(s) and dosage(s):

**Seafarers should note that under Rule 34.22(2) they should supply their vaccination record to the approved medical practitioner if applying for an “unlimited areas” certificate.**

I hereby certify that the personal declaration above is a true statement to the best of my knowledge:

Signature of examinee:		Date (day/month/year):	/ /
------------------------	--	------------------------	-----

Witnessed by: \_\_\_\_\_ Name: \_\_\_\_\_  
*Signature* *Typed or printed name*

I hereby authorise the release of all my previous medical records from any health professionals, health institutions and public authorities to:

Dr: \_\_\_\_\_ *(the approved medical practitioner)*

Signature of examinee: \_\_\_\_\_ Date (day/month/year): / /

Witnessed by: \_\_\_\_\_ Name: \_\_\_\_\_  
*Signature* *Typed or printed name*

**Privacy protection**

The information collected on this form is protected by the provisions of the Privacy Act 1993 and the Health Information Privacy Code 1994. The information is collected for the purpose of an approved medical practitioner determining the applicant's fitness for intended work as a seafarer. The collection of the information is required by Maritime Rule Part 34 made under the Maritime Transport Act 1994. Failure to provide the information required may result in a failure to pass the medical examination. The applicant has the right of access to, and correction of, any personal information contained on this form.

**Section 2: Medical examination**

Pre-sea     Periodic     Other (please specify): \_\_\_\_\_

	Visual acuity					
	Unaided			Aided		
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular
Distant						
Near						

	Visual fields	
	Normal	Defective
Right eye		
Left eye		

Colour vision:     Not tested     Normal     Doubtful     Defective

	Hearing					
	Pure tone and audiometry (threshold values in dB)					
	500Hz	1000Hz	2000Hz	3000Hz	4000Hz	6000Hz
Right ear						
Left ear						

	Speech and whisper test (metres)	
	Normal	Whisper
Right ear		
Left ear		

Height (cm): \_\_\_\_\_ Weight (kg): \_\_\_\_\_ Body mass index: \_\_\_\_\_  
 Pulse rate: \_\_\_\_\_ / (minute) Rhythm: \_\_\_\_\_  
 Blood pressure: Systolic: \_\_\_\_\_ (mm Hg) Diastolic: \_\_\_\_\_ (mm Hg)  
 Urinalysis: Glucose: \_\_\_\_\_ Protein: \_\_\_\_\_ Blood: \_\_\_\_\_

	Normal	Abnormal		Normal	Abnormal
Head	<input type="radio"/>	<input type="radio"/>	Skin	<input type="radio"/>	<input type="radio"/>
Sinuses, nose, throat	<input type="radio"/>	<input type="radio"/>	Varicose veins	<input type="radio"/>	<input type="radio"/>
Mouth/teeth	<input type="radio"/>	<input type="radio"/>	Vascular (incl pedal pulses)	<input type="radio"/>	<input type="radio"/>
Ears (general)	<input type="radio"/>	<input type="radio"/>	Abdomen and viscera	<input type="radio"/>	<input type="radio"/>
Tympanic membrane	<input type="radio"/>	<input type="radio"/>	Hernia	<input type="radio"/>	<input type="radio"/>
Eyes	<input type="radio"/>	<input type="radio"/>	Anus (not rectal exam)	<input type="radio"/>	<input type="radio"/>
Ophthalmoscopy	<input type="radio"/>	<input type="radio"/>	G-U system	<input type="radio"/>	<input type="radio"/>
Pupils	<input type="radio"/>	<input type="radio"/>	Upper and lower extremities	<input type="radio"/>	<input type="radio"/>
Eye movement	<input type="radio"/>	<input type="radio"/>	Spine (C/S, T/S and L/S)	<input type="radio"/>	<input type="radio"/>
Lungs and chest	<input type="radio"/>	<input type="radio"/>	Neurologic (full/brief)	<input type="radio"/>	<input type="radio"/>
Breast examination	<input type="radio"/>	<input type="radio"/>	Psychiatric	<input type="radio"/>	<input type="radio"/>
Heart	<input type="radio"/>	<input type="radio"/>	General appearance	<input type="radio"/>	<input type="radio"/>

Chest X-ray:  Not performed  Performed on (day/month/year) / /

Results:

Other diagnostic test(s) and result(s):

Test: \_\_\_\_\_ Result: \_\_\_\_\_

Approved medical practitioner's comments:

Vaccination status recorded:  Yes  No

### Section 3: Assessment of fitness for service at sea

On the basis of the examinee's personal declaration, my clinical examination, and diagnostic test results recorded on the medical examination form, I declare the examinee's medical category under Maritime Rule Part 34.25(2) is:

\_\_\_\_\_ (Medical category letter)

\_\_\_\_\_ (Medical category explained in text)

Describe restrictions (eg specific position, type of ship, trade area)

I confirm that:

- hearing and sight are satisfactory for duties in the capacity of: \_\_\_\_\_
- he/she\* is fit/not fit\* for lookout duties (deck department only): \_\_\_\_\_

Action taken by approved medical practitioner (eg referral):

Place of examination:		Date of examination (day/month/year):	/ /
-----------------------	--	---------------------------------------	-----

Medical certificate's date of expiration (day/month/year): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Official stamp (also print name of approved medical practitioner if not legible):

Signature of approved medical practitioner:

MCNZ ID: (Medical Council  
New Zealand ID)

\_\_\_\_\_

\_\_\_\_\_

**Remember: the separate one page 'Certificate of Medical Fitness – Seafarers' must be sent to Maritime NZ (not this form)**